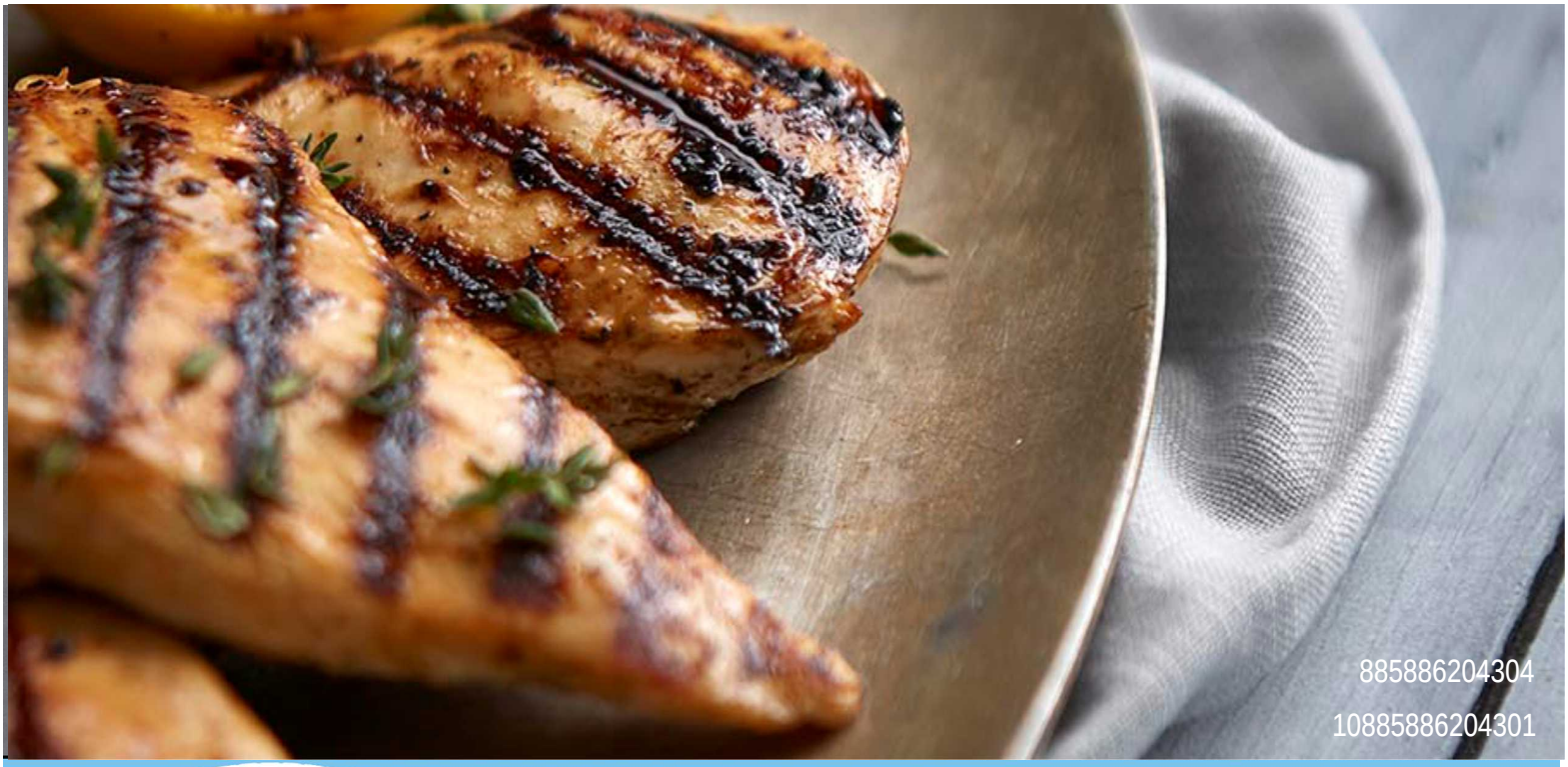


Chicken Breast

GlacialTreasure

PRODUCT ID / ID PRODUIT 20430 BRAND

NET WT (Kg)	GROSS WT (Kg)	PIECE WT	PIECES	PROTEIN	CATEGORY
4	4.54	5-6oz/141-170g	--	19	IQF

PALLET PATTERN	STORAGE	SHELF LIFE	ALLERGEN	CASE PALLET	DIMENSIONS (IN) L X W X H
10*11	FREEZER	18 MONTHS	NO	110	15.×11.×5.0

Heating Instructions:
Instructions de Chauffage:

Oven: Preheat oven to 400ºF. Place defrosted breasts in oven and bake 12-15 minutes per side, or until internal temperature of 74C/165ºF is reached.
Grill: Place chicken on greased grill over medium heat 7 to 8 min. on each side or until done 74C(165ºF)

Nutrition Facts
Valeur nutritive

Per 100 g
pour 100 g

Calories 90	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 1 g	2 %
Saturated / saturés 0.3 g + Trans / trans 0 g	2 %
Carbohydrate / Glucides 1 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 19 g	
Cholesterol / Cholestérol 40 mg	14 %
Sodium 400 mg	17 %
Potassium 175 mg	5 %
Calcium 10 mg	1 %
Iron / Fer 0.5 mg	3 %
Phosphorus / Phosphore 125 mg	10 %

* 5% or less is **a little**, 15% or more is **a lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

Ingredients: Chicken Breast, Water, modified corn starch, Sea salt, Sodium phosphate

Ingrédients: Poitrines de poulet, eau, amidon modifie de mais, Sel de mer, Phosphate de sodium

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EAT LOCAL

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